DINNERLY



Speedy Chicken Dumpling Soup

with Broccoli



20 minutes 2 Servings



Five easy steps, minimal pans and prep... we cut the fluff but not the flavour in our speedy recipes. In just 20 minutes, you'll have this masterpiece on the table and be crowned in glory too!

WHAT WE SEND

- coriander
- · 1 head broccoli
- 20g Asian-style stock powder 1,3,4,5,6
- 10ml sesame oil 3
- 300g honey soy chicken dumplings 1,2,3,4,6
- 2 x 5g toasted sesame seeds 3
- * The remainder of this ingredient won't be used in this recipe.

WHAT YOU NEED

- · 500ml (2 cups) boiling water
- 1tsp soy sauce 4

TOOLS

· medium saucepan with lid

Our veggies come straight from the farm, so please wash them before cooking.

ALLERGENS

Gluten (1), Mollusc (2), Sesame (3), Soy (4), Sulphites (5), Wheat (6). May contain traces of other allergens.

NUTRITION PER SERVING

Energy 350kcal, Fat 9.9g, Carbs 28.6g, Protein 23.1g



1. Prep ingredients

Coarsely chop the **coriander** leaves and finely chop the stems. Cut the **broccoli** into florets.



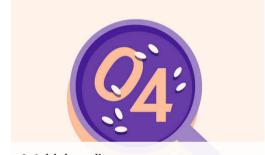
2. Make stock

Put the **stock powder** in a heatproof jug. Add **500ml (2 cups) boiling water** and **1 tsp soy squee** and stir to dissolve.



3. Start soup

Heat 1 tsp sesame oil* in a medium saucepan over medium-high heat. Cook the coriander stems, stirring, for 1 min or until fragrant. Add the stock and bring to the boil.



4. Add dumplings

Add the **dumplings** to the stock and cook for 2 mins (see Make it yours). Add the **broccoli**, cover and cook for 2 mins or until the broccoli is tender. Remove the pan from the heat.

Taste, then season with **salt and pepper**.



5. Serve up

Divide the **dumpling soup** among bowls. Scatter over the **coriander leaves** and **sesame seeds** and enjoy!



6. Make it yours

Empty out the crisper drawer and boost your veggies by adding whatever you have on hand. Sliced mushrooms, beans or pak choy would work well in this soup.

